

November is PTA Healthy Lifestyles Month



These collection bins reside in the front office. Our HFE Bucks & BoxTops Committee promotes monthly contests to **feed them!** We encourage you and your child to find products with BoxTops, clip, and turn them in... for student rewards!

Contest rules and dates:

November 5 - December 1

Blue Bin = Charlie Over the Water

Red Bin = Hoop, Hop Showdown (the Rock, Paper, Scissors game)

Students will put their collected BoxTops in the bin representing their FAVORITE PE activity with Mrs. Gottschalk- BLUE (Charlie



Over the Water) or **RED (Hoop, Hop Showdown)**. **The bin with the most BoxTops will award ALL students in our school to enjoy that game during PE classes in December!** Parent Teacher Association (PTA) Healthy Lifestyles Month is an annual designation observed in November. PTA is a network of millions of teachers, administrators, families, and students who work for educational success of kids in school, as well as family engagement. The goal of PTA Healthy Lifestyles Month is to promote a healthy lifestyle for students in and out of the classroom.

***** Since children spend more than 1,200 hours per year in school, it is crucial to make sure they are able to have healthy food and adequate opportunities for physical activity.**

***** If they have these two things, they are more likely to excel in school and lead a healthy lifestyle later in life.**

Don't throw away that "dime" – Box Tops add up over time! Here are some BoxTop reminders!

- Each Box Tops Clip is worth 10 cents for HFE.
- It's very important that each Box Tops clip has a clearly visible product acronym and expiration date. If we are unable to read the acronym or expiration date, we cannot accept the clip.
- Additionally, expired Box Tops are not accepted. If the expiration date only shows a year that is in the future, we will accept it.
- And remember, clipped Box Tops don't need to be trimmed perfectly BUT the perforated pink outlines MUST BE visible. If students are helping, they can just tear off the package or cut neatly, yet leaving space around the lines!
- HFE may earn up to \$20,000 cash per year beginning on March 2 of every year from the Clip program. There are no maximum annual earning limits for schools earning eBoxTops or Bonus Box Tops. HFE can use the money for anything it needs! Computers, books, and playground equipment are just some of the ways we have chosen to use the funds raised through Box Tops for Education.